

To Invermere and Calgary  
Transition Area  
Bike Start / Finish

Elev. 770m

All cyclists  
Turn-around # 1  
at 5.6 km

Super-Sprint  
Turn-around # 2  
at 8.6km

Sprint  
Turn-around # 2  
at 12.6km

Olympic  
Turn-around # 2  
at 22.6 km

Kootenay River

13m elev.  
hill to 785m

28m elev.  
hill to 808m

19m elev.  
hill to 823m

14m elev.  
hill to 837m

27m elev.  
hill to 844m



Bike Courses

*Super-Sprint 12 km*

*Sprint 20 km*

*Standard 40 km*

Rest Area



To Fort Steele & Cranbrook