

# TriKids Races

Purple @ 10:00am

Born 2014-2015

Swim 50 m  
Bike 1.5 Km  
(5 laps in transition)  
Run 500m

Yellow @ 10:20am

Born 2012-2013

Swim 50 m  
Bike 1.5 Km  
(out 750m & back on Wolf Creek)  
Run 500m

Orange @ 10:45am

Born 2008-2009

Swim 150 m  
Bike 5 Km  
Run 2Km

Blue @ 10:50am

Born 2010-2011

Swim 100 m  
Bike 5 Km  
Run 1 km

White @ 11:05am

Born 2004-2005

Swim 300 m  
Bike 10 Km (2 x 5km)  
Run 3 Km

Green @ 11:10am

Born 2006-2007

Swim 200 m  
Bike 10Km (2 x 5km)  
Run 3 Km

5 Km bike course  
Turn-around

M with radio  
Cattle guard covered with secured plywood

Wolf Creek RD

Transition Area  
Start/Finish

Parking  
HERE  
Please

Provincial Park  
Campground

M With radio  
3 Km run course TURN

2 Km run course TURN

1 Km run course TURN (incl. Horseshoe point)

500m run course TURN (does not incl. Horseshoe point)

First out-and-back for 3km runners ONLY

Swim  
Parallel to shore

Wasa Lake

Dog wood

Cranbrook

Parking  
HERE  
Please

Wasa Lake Park Drive

Wasa Park Drive

Community Hall

Poplar

Pine

Highway 93/95

Parking  
HERE  
Please

To Invermere

Legend

■ Run course

➔ Bike course

M Marshal

