

# Prestige 1/2 IM Triathlon

Sunday, July 31, 2005

Norbury Lake Provincial Park, Cranbrook, BC

Results by: Results Canada and Race Headquarters

**Thank you:** Gerick Sports, Prestige Inn and Resorts, Gatorade, Powerbar, Coke, Chalet, Bridge Interiors Furnitures, Kimberley Vacations and all 30 sponsors.

Place	Place	Final			SWIM	1.9 Km	BIKE	90 Km		Rank	Time	RUN	21.1 K	PACE	
Overall	in Cat	Time	Race #	NAME	Rank	Split	Rank	Split	Mi/hr	Swim /Bike	Rank	Rank	Split	/Mile	CITY
1	1/5 MPro	4:08:46	1	Trev Williams	3	27:01:00	1	2:16:12	24.6	1	2:43:12	2	1:25:34	6:32	Calgary,
2	2/5 MPro	4:14:21	28	Kevin Cutjar	1	26:50:00	5	2:26:39	22.9	3	2:53:29	1	1:20:53	6:11	Penticton
3	3/5 MPro	4:21:53	94	Scott Mcmillan	2	26:56:00	2	2:24:40	23.2	2	2:51:36	4	1:30:17	6:54	Vancouver, WA
4	4/5 MPro	4:22:15	149	Michael Cambridge	4	28:11:00	4	2:26:35	22.9	5	2:54:45	3	1:27:30	6:41	Kelowna
5	5/5 MPro	4:29:07	68	Adam Jensen	5	29:17:00	3	2:25:25	23.1	4	2:54:41	5	1:34:27	7:13	Missoula
6	1/16 M4044	4:29:20	49	Scott Gaiser	11	30:15:00	6	2:32:09	22.1	5	3:02:24	3	1:26:57	6:38	Kalispell,
7	1/15 M3034	4:29:35	136	Scott Tremblay	14	30:57:00	3	2:30:25	22.3	4	3:01:21	4	1:28:14	6:44	Kaleden,
8	1/4 M1824	4:34:25	13	Christopher Brown	3	26:51:00	5	2:31:13	22.2	2	2:58:03	8	1:36:22	7:21	Fort McMurray,
9	1/16 M3539	4:35:37	141	Frank Ackermann	52	35:40:00	9	2:33:28	21.9	12	3:09:07	2	1:26:31	6:36	Kimberley,
10	1/1 RMale	4:37:07	450	Fungus	5	27:00:00	1	2:15:49	24.7	1	2:42:49	46	1:54:18	8:44	Cranbrook,
11	1/9 M5054	4:39:18	143	John Winterdyk	21	31:28:00	4	2:31:02	22.2	6	3:02:30	9	1:36:49	7:24	Calgary,
12	1/8 M2529	4:39:41	62	Olivier Humbert	8	29:14:00	10	2:34:23	21.7	7	3:03:37	7	1:36:04	7:20	Seattle,
13	2/8 M2529	4:40:21	89	Bob Maudie	24	32:00:00	2	2:29:03	22.5	3	3:01:02	17	1:39:20	7:35	Cranbrook,
14	2/16 M3539	4:40:54	123	Andrew Sellars	7	27:58:00	16	2:39:25	21.1	10	3:07:22	5	1:33:33	7:09	Vernon,
15	1/5 WPro	4:42:50	2	Cherie Cooper	4	32:14:00	1	2:33:15	21.9	1	3:05:28	2	1:37:22	7:27	Kimberley
16	2/5 WPro	4:43:25	116	Barb Scatchard	3	31:07:00	2	2:35:27	21.6	2	3:06:33	1	1:36:52	7:24	Penticton
17	3/16 M3539	4:45:16	101	Chris Nakahara	66	37:06:00	8	2:33:19	21.9	15	3:10:24	6	1:34:52	7:15	Kimberley,
18	2/9 M5054	4:46:49	110	Carl Peterson	16	31:12:00	11	2:34:59	21.7	9	3:06:11	19	1:40:39	7:41	Summerland,
19	3/9 M5054	4:47:35	19	Derek Case	15	31:00:00	15	2:38:13	21.2	13	3:09:12	14	1:38:23	7:31	Calgary,
20	4/16 M3539	4:48:01	39	Shaun Endsley	39	33:38:00	12	2:35:59	21.5	14	3:09:37	15	1:38:25	7:31	Coeur d alene,
21	2/16 M4044	4:50:23	121	Alex Seal	17	31:13:00	17	2:40:02	21	17	3:11:15	16	1:39:09	7:34	Salmon Arm,
22	3/16 M4044	4:51:36	119	Serge Score	1	23:54	32	2:46:43	20.1	16	3:10:37	20	1:41:00	7:43	Surrey,
23	5/16 M3539	4:51:41	52	John Grabher	53	35:41:00	39	2:50:24	19.7	44	3:26:04	1	1:25:37	6:32	Nanaimo,
24	3/5 Wpro	4:52:52	153	Kim Townsend	1	29:25:00	3	2:42:42	20.6	3	3:12:07	3	1:40:46	7:42	Calgary
25	2/15 M3034	4:53:27	58	Brett Henderson	23	31:48:00	27	2:44:14	20.4	25	3:16:02	11	1:37:26	7:26	Kelowna,
26	3/8 M2529	4:54:27	14	Dallas Cain	58	36:33:00	14	2:37:46	21.3	21	3:14:18	18	1:40:10	7:39	Rossland,
27	3/15 M3034	4:57:07	51	Yoerits Geerits	75	38:08:00	22	2:41:43	20.8	29	3:19:51	10	1:37:16	7:26	Calgary,
28	4/8 M2529	4:57:13	85	Joel Macht	10	29:53:00	26	2:43:53	20.5	20	3:13:46	23	1:43:28	7:54	Whitehorse,
29	6/16 M3539	4:58:40	120	Aaron Scott	81	38:42:00	13	2:37:38	21.3	26	3:16:20	21	1:42:21	7:49	Colville,
30	4/15 M3034	4:59:54	148	Ruedi Schynder	34	33:10:00	7	2:32:58	21.9	8	3:06:08	45	1:53:47	8:41	Gibsons,
31	4/5 Wpro	5:00:45	134	Yvonne Timewell	2	30:25:00	4	2:47:25	20	4	3:17:50	4	1:42:56	7:52	Kamloops
32	5/15 M3034	5:06:58	104	John O'Shaughnessy	6	27:01:00	55	2:55:26	19.1	34	3:22:27	26	1:44:32	7:59	Victoria,

33	5/5 Wpro	5:07:52	47	Alison Forney	5	33:39:00	5	2:38:43	19.9	5	3:22:12	5	1:45:41	8:04	Polson
34	4/16 M4044	5:08:22	96	Michael Meinig	30	32:49:00	24	2:42:28	20.7	23	3:15:16	44	1:53:06	8:38	Kimberley,
35	1/8 F4044	5:09:10	40	Suzanne Endsley	57	35:52:00	29	2:46:16	20.2	32	3:22:08	29	1:47:03	8:10	Coeur d alene,
36	6/15 M3034	5:09:29	55	Axel Hallbauer	4	26:53:00	21	2:41:35	20.8	11	3:08:28	57	2:01:02	9:14	Edmonton,
37	7/16 M3539	5:09:31	57	Darren Hayner	38	33:33:00	28	2:44:26	20.4	28	3:17:58	40	1:51:33	8:31	Calgary,
38	1/11 M4549	5:11:21	50	Myles Gaulin	67	37:07:00	61	2:56:02	19.1	58	3:33:09	13	1:38:12	7:30	Calgary,
39	2/11 M4549	5:11:35	107	Carl Parsons-Olsson	12	30:44:00	18	2:40:38	20.9	18	3:11:22	55	2:00:14	9:11	Calgary,
40	1/7 F2529	5:13:12	72	Annett Kamenz	31	32:51:00	33	2:47:57	20	30	3:20:48	41	1:52:24	8:35	Edmonton,
41	2/4 M1824	5:13:59	21	Nathan Champness	49	34:32:00	36	2:49:16	19.8	37	3:23:48	37	1:50:12	8:25	Coldstream,
42	1/12 F3034	5:14:15	44	Michelle Flenniken	47	34:07:00	62	2:56:05	19.1	50	3:30:11	25	1:44:04	7:57	Bozeman,
43	7/15 M3034	5:14:22	140	Stewart Weepers	64	37:03:00	35	2:48:54	19.9	43	3:25:57	33	1:48:26	8:17	Vancouver,
44	8/16 M3539	5:14:29	12	Jeff Bookwalter	43	33:49:00	19	2:40:48	20.9	22	3:14:37	54	1:59:52	9:09	Missoula,
45	2/12 F3034	5:14:32	95	Sarah McMillan	35	33:15:00	40	2:50:39	19.7	38	3:23:54	38	1:50:39	8:27	Vancouver,
46	9/16 M3539	5:15:50	17	Colin Carew	2	26:47:00	63	2:56:38	19	35	3:23:25	42	1:52:25	8:35	Castlegar,
47	4/9 M5054	5:16:15	92	Al Mayer	36	33:20:00	69	2:59:26	18.7	57	3:32:45	24	1:43:30	7:54	Coeur d alene,
48	1/3 RFem	5:16:25	454	Desparate Housewifes	27	32:13:00	64	2:56:55	19	48	3:29:08	31	1:47:18	8:11	Kimberley
49	3/12 F3034	5:16:57	124	Virginia Sellars	60	36:47:00	41	2:50:40	19.7	45	3:27:26	35	1:49:31	8:22	Vernon,
50	10/16 M3539	5:18:09	30	Eric Derbez	46	34:02:00	46	2:51:27	19.6	41	3:25:28	43	1:52:41	8:36	Torrance,
51	8/15 M3034	5:21:34	3	Matthew Arndt	25	32:09:00	25	2:43:38	20.5	24	3:15:47	63	2:05:48	9:36	Missoula,
52	3/11 M4549	5:23:34	10	Steve Bjornson	82	38:43:00	59	2:55:46	19.1	65	3:34:29	34	1:49:05	8:20	Calgary,
53	5/16 M4044	5:24:14	109	Rick Peterson	80	38:39:00	58	2:55:42	19.1	64	3:34:20	36	1:49:54	8:23	Calgary,
54	5/8 M2529	5:25:41	7	Chad Bergen	107	42:32:00	56	2:55:29	19.1	71	3:38:01	32	1:47:40	8:13	Vancouver,
55	9/15 M3034	5:25:56	147	Mike Zinck	59	36:37:00	67	2:58:31	18.8	67	3:35:07	39	1:50:49	8:28	Chilliwack,
56	4/12 F3034	5:25:56	16	Tanya Camposano	62	36:52:00	50	2:52:49	19.4	49	3:29:41	48	1:56:16	8:53	Roberts Creek,
57	6/16 M4044	5:26:01	132	Darcy Strang	106	41:42:00	72	3:01:44	18.5	80	3:43:25	22	1:42:37	7:50	St. Albert,
58	4/11 M4549	5:26:37	139	Mark Walker	19	31:26:00	20	2:41:09	20.8	19	3:12:34	78	2:14:03	10:14	Kimberley,
59	5/12 F3034	5:28:02	9	Stefanie Bichsel	22	31:44:00	51	2:53:33	19.3	40	3:25:16	59	2:02:46	9:22	Calgary,
60	7/16 M4044	5:28:23	71	Robert Johnston	90	39:31:00	48	2:51:51	19.5	53	3:31:21	50	1:57:02	8:56	Sherwood Park,
61	2/3 RFem	5:29:14	455	Pulse	74	38:07:00	75	3:03:55	18.2	75	3:42:01	30	1:47:13	8:11	TaTa Creek
62	1/3 F3539	5:29:29	133	Leah Taranger	114	43:49:00	68	2:59:20	18.7	79	3:43:09	28	1:46:21	8:07	Kimberley,
63	8/16 M4044	5:32:36	79	David Lake	103	41:13:00	31	2:46:24	20.2	46	3:27:37	62	2:05:00	9:32	Polson,
64	1/5 F4549	5:32:53	82	Carol Lindholm	32	33:08:00	71	3:00:04	18.6	59	3:33:11	53	1:59:43	9:08	Calgary,
65	10/15 M3034	5:33:56	59	Derek Herritt	94	39:50:00	65	2:57:23	18.9	70	3:37:13	49	1:56:43	8:55	Fort Sask
66	5/11 M4549	5:34:18	112	Garry Power	88	39:21:00	85	3:08:40	17.8	86	3:48:01	27	1:46:18	8:07	Hinton,
67	11/15 M3034	5:36:38	22	Darcy Chilton	56	35:48:00	34	2:48:30	19.9	39	3:24:18	73	2:12:21	10:06	Canmore,
68	2/7 F2529	5:37:26	84	Debbie MacCormack	20	31:27:00	81	3:07:22	17.9	72	3:38:48	51	1:58:38	9:03	Calgary,
69	1/2 M60+	5:38:29	131	Dennis Stolen	108	43:17:00	49	2:52:13	19.5	68	3:35:29	60	2:03:01	9:23	Penticton,
70	12/15 M3034	5:39:17	126	Dan Sigouin	45	33:53:00	37	2:49:38	19.8	36	3:23:31	82	2:15:46	10:22	Calgary,
71	6/11 M4549	5:40:42	118	Brandin Schultz	9	29:32:00	60	2:56:00	19.1	42	3:25:32	80	2:15:10	10:19	Telkwa,
72	6/8 M2529	5:41:07	36	Todd Dunham	86	39:09:00	53	2:54:49	19.2	63	3:33:57	64	2:07:11	9:42	Seattle,
73	9/16 M4044	5:42:11	115	Michael Rosner	76	38:10:00	57	2:55:34	19.1	62	3:33:44	67	2:08:28	9:48	Calgary,
74	10/16 M4044	5:43:00	100	Tom Nagy	51	35:38:00	30	2:46:21	20.2	31	3:21:58	91	2:21:02	10:46	Kelowna,
75	3/7 F2529	5:43:27	145	Lindsay Wrightson	41	33:46:00	70	2:59:37	18.7	61	3:33:23	69	2:10:05	9:56	West Vancouver,
76	11/16 M4044	5:43:57	46	Jeffrey Flury	122	45:59:00	105	3:20:03	16.8	109	4:06:02	12	1:37:56	7:29	Missoula,
77	2/5 F4549	5:45:14	151	Barb Owen	105	41:40:00	47	2:51:42	19.5	60	3:33:21	71	2:11:53	10:04	Maple Ridge,
78	5/9 M5054	5:46:05	108	Grant Peterson	63	36:53:00	54	2:55:25	19.1	56	3:32:18	76	2:13:47	10:13	Victoria,

79	4/7 F2529	5:46:31	63	Catherine Humbert	96	39:57:00	74	3:03:10	18.3	78	3:43:07	61	2:03:25	9:25	Seattle,
80	3/5 F4549	5:49:37	77	Kristi Kinkade-Schall	71	37:24:00	95	3:13:32	17.3	90	3:50:56	52	1:58:42	9:04	Spokane,
81	6/9 M5054	5:51:16	150	Corstiaan de Waard	97	40:02:00	43	2:50:59	19.6	52	3:31:00	89	2:20:16	10:42	Cranbrook,
82	4/5 F4549	5:51:32	69	Deborah Jepson	85	38:55:00	102	3:17:11	17	100	3:56:06	47	1:55:27	8:49	Cranbrook,
83	12/16 M4044	5:52:58	32	Patrick Dickie	68	37:09:00	73	3:02:35	18.4	74	3:39:44	74	2:13:15	10:10	Halfmoon Bay,
84	6/12 F3034	5:53:37	102	Marisa Norona	102	41:08:00	93	3:11:50	17.5	96	3:52:58	56	2:00:39	9:13	Calgary,
85	7/11 M4549	5:54:38	76	Leon Kennes	70	37:19:00	99	3:15:00	17.2	94	3:52:19	58	2:02:19	9:20	Lethbridge,
86	3/4 M1824	5:57:54	80	Travis Lemire	99	40:08:00	83	3:08:01	17.8	87	3:48:08	68	2:09:46	9:54	White Rock,
87	13/15 M3034	5:59:05	127	Paul Smith	28	32:37:00	77	3:06:30	18	73	3:39:06	87	2:19:59	10:41	Calgary,
88	8/11 M4549	6:00:33	34	Rod Dueck	87	39:12:00	84	3:08:03	17.8	84	3:47:14	75	2:13:20	10:11	Coaldale,
89	11/16 M3539	6:02:47	86	Andrew Macleod	13	30:53:00	76	3:06:04	18	69	3:36:57	96	2:25:51	11:08	North Vancouver,
90	12/16 M3539	6:03:23	67	Rod Jacobs	98	40:03:00	45	2:51:24	19.6	55	3:31:27	106	2:31:56	11:36	Grand Forks,
91	13/16 M3539	6:03:30	20	Ashley Scott Causton	78	38:36:00	79	3:06:47	18	82	3:45:23	86	2:18:07	10:33	Calgary,
92	7/12 F3034	6:03:44	90	Linnea Mawer	54	35:44:00	89	3:10:49	17.6	83	3:46:32	85	2:17:13	10:28	Calgary,
93	2/8 F4044	6:04:32	106	Colleen Parsons-Olsson	37	33:31:00	101	3:16:23	17.1	88	3:49:54	79	2:14:39	10:17	Calgary,
94	14/16 M3539	6:04:35	48	Peter Gabris	77	38:29:00	38	2:50:04	19.7	47	3:28:32	110	2:36:03	11:55	Chestermere,
95	1/5 F5054	6:04:50	23	Karen Chugg	112	43:23:00	90	3:10:59	17.6	98	3:54:22	70	2:10:29	9:58	Calgary,
96	13/16 M4044	6:05:12	4	John Azzopardi	110	43:18:00	44	2:51:22	19.6	66	3:34:40	102	2:30:33	11:29	Ronan,
97	1/1 M5559	6:09:53	125	George Shryock	72	37:28:00	80	3:07:16	17.9	81	3:44:44	95	2:25:10	11:05	Whitefish,
98	7/9 M5054	6:12:42	43	Paul Filippi	116	44:01:00	97	3:14:45	17.2	104	3:58:46	77	2:13:56	10:13	Vernon,
99	7/8 M2529	6:12:57	11	Nathan Bond	123	46:01:00	88	3:10:34	17.6	101	3:56:35	84	2:16:22	10:25	Kent,
100	3/8 F4044	6:13:41	31	Maria Dibb	65	37:04:00	111	3:28:18	16.1	107	4:05:22	66	2:08:20	9:48	Invermere,
101	9/11 M4549	6:14:01	128	Brent Smith	40	33:41:00	86	3:09:20	17.7	77	3:43:00	105	2:31:01	11:32	Calgary,
102	2/2 M60+	6:14:44	8	George Bichsel	104	41:16:00	92	3:11:25	17.5	95	3:52:41	92	2:22:04	10:51	Calgary,
103	14/16 M4044	6:15:25	111	Chris Poulsen	93	39:45:00	82	3:07:38	17.9	85	3:47:22	97	2:28:03	11:18	Coeur d alene,
104	8/12 F3034	6:15:27	114	Sarah Robson	29	32:43:00	87	3:09:27	17.7	76	3:42:10	108	2:33:18	11:42	Vernon,
105	8/8 M2529	6:18:20	130	Josh Sterr	95	39:54:00	103	3:18:00	16.9	102	3:57:53	90	2:20:27	10:43	Edmonton,
106	4/8 F4044	6:19:40	87	Lynn Marineau	26	32:11:00	104	3:18:52	16.9	91	3:51:03	98	2:28:38	11:21	Calgary,
107	10/11 M4549	6:22:49	137	Steven Turner	118	44:57:00	98	3:14:49	17.2	105	3:59:46	93	2:23:04	10:55	Olds,
108	5/8 F4044	6:28:51	88	Trish Marshall	109	43:18:00	112	3:29:38	16	113	4:12:56	83	2:15:55	10:22	Coldstream,
109	9/12 F3034	6:29:17	41	Laura Englund	44	33:51:00	107	3:24:54	16.4	103	3:58:44	103	2:30:33	11:29	Regina,
110	15/16 M4044	6:29:17	33	Gareth Dillistone	73	37:50:00	118	3:36:01	15.5	114	4:13:51	81	2:15:27	10:20	Regina,
111	11/11 M4549	6:32:47	146	Kim Young	50	35:01:00	100	3:15:10	17.2	89	3:50:10	114	2:42:37	12:25	Coldstream,
112	1/1 F1824	6:33:52	37	Kathleen Dunham	92	39:42:00	94	3:12:31	17.4	93	3:52:12	113	2:41:40	12:20	Seattle,
113	5/7 F2529	6:35:31	53	Lisa Guest	61	36:50:00	113	3:29:54	16	110	4:06:43	101	2:28:48	11:21	Wyburn,
114	2/5 F5054	6:35:47	122	Donna See	113	43:45:00	91	3:11:02	17.6	99	3:54:47	112	2:41:01	12:17	Calgary,
115	10/12 F3034	6:36:50	29	Lisa De Goes	83	38:45:00	108	3:27:14	16.2	108	4:05:59	104	2:30:52	11:31	Burnaby,
116	8/9 M5054	6:39:11	60	Stu Howard	119	45:14:00	78	3:06:31	18	92	3:51:44	115	2:47:27	12:47	Cranbrook,
117	3/5 F5054	6:43:04	99	Judy Morrison	124	46:41:00	115	3:33:19	15.7	117	4:20:00	94	2:23:05	10:55	Red Deer,
118	6/8 F4044	6:44:41	91	Julie May	101	40:38:00	117	3:35:17	15.6	116	4:15:55	100	2:28:46	11:21	Vernon,
119	7/8 F4044	6:46:28	24	Denise Coffield	100	40:36:00	116	3:33:55	15.7	115	4:14:31	107	2:31:57	11:36	Calgary,
120	3/3 RFem	7:00:12	456	Synergy's Medical	128	48:36:00	129	4:04:12	13.7	128	4:52:47	65	2:07:25	9:44	Cranbrook,
121	14/15 M3034	7:01:18	61	Hugo Blad	89	39:29:00	109	3:28:01	16.1	112	4:07:29	116	2:53:49	13:16	Surrey,
122	15/16 M3539	7:05:29	26	Dave Cooper	84	38:52:00	110	3:28:12	16.1	111	4:07:04	118	2:58:26	13:37	Lancaster park,
123	2/3 F3539	7:05:39	25	Dina Altayeb	120	45:23:00	121	3:43:35	15	121	4:28:57	111	2:36:43	11:58	Lake Forest,
124	4/4 M1824	7:06:40	138	Tyler Vaughan	79	38:37:00	106	3:22:27	16.6	106	4:01:03	120	3:05:38	14:10	Edmonton,

